



Get more from your UnitedHealthcare® Group Medicare Advantage PPO plan



United
Healthcare



Get
more
of the
extras
you
want

As a UnitedHealthcare Group Medicare Advantage plan member, you get all the benefits we have to offer, including some great extras



Annual Wellness Visit¹ and preventive care services at \$0 copay²

An Annual Wellness Visit with your provider is one of the best ways to start your year off and stay on top of your health.

Take control by scheduling your annual physical and wellness visit early in the year to give you the most time to take action.

You and your provider can work as a team to create a preventive care plan, review medications and talk about any health concerns.



UnitedHealthcare® HouseCalls

Get a yearly check-in with a member of our licensed medical staff who will:

- Perform a head-to-toe exam, health screenings and answer your health questions
- Review your medical history and medications
- Send a summary of your visit to you and your primary care provider

Video visits from UnitedHealthcare HouseCalls — A HouseCalls video visit uses technology to connect plan members with a health care practitioner for up to a full hour to review your health history and current medications, discuss important health screenings, identify health risks and provide health education.

A HouseCalls visit is designed to support, but not take the place of, your provider's care.

HouseCalls may not be available in all areas.





Chronic condition care

UnitedHealthcare offers special programs to help members who are living with a chronic disease like diabetes or heart disease. You get personal attention and your providers get up-to-date information to help them make decisions.



24/7 Nurse Support³

24/7 Nurse Support was designed specifically to help make your health decisions simple and convenient by providing immediate answers to your health questions anytime, anywhere — 24 hours a day, 7 days a week — at no additional cost.

When you call, a registered nurse can help you:

- Choose where to go for care — whether that's self-care, a provider visit or urgent care
- Find a provider or hospital that meets your needs and preferences
- Understand your diagnosis and explore treatment options



Renew by UnitedHealthcare^{®4}

Renew offers health and wellness resources and activities that include:

- Brain games, healthy recipes, learning courses and fitness activities
- Health topic library including articles, videos and health news
- Interactive quizzes and tools and fun activities
- Rewards for completing certain health care activities



UnitedHealthcare Hearing

Your hearing health is important to your overall well-being and can help you stay connected to those around you. Get access to thousands of name-brand and private-labeled hearing aids — available in-person at any of our 7,000 UnitedHealthcare Hearing providers nationwide⁵ or by direct delivery through Right2You.



UnitedHealthcare Fitness Program^{®6}

Renew Active[®] is the gold standard in Medicare fitness programs for body and mind, available at no additional cost. You'll receive a free gym membership with access to our nationwide network of gyms and fitness locations. This includes access to many premium gyms, on-demand workout videos and live streaming fitness classes, social activities, an online Fitbit[®] Community for Renew Active (no Fitbit device is needed) and an online brain health program from AARP[®] Staying Sharp[®].



Virtual Doctor and Behavioral Health Visits

With Virtual Doctor Visits, you can ask questions, get a diagnosis, or even get medication prescribed and have it sent to your pharmacy. With Virtual Behavioral Health Visits, you can speak to a behavioral health specialist for addiction, depression, anxiety, stress, loss and medication management.



Coaching programs to help you start living a healthier life

Rally Coach™ programs will help you start living a healthier, happier life with:

- Real Appeal®⁷ Weight Loss and Real Appeal Diabetes Prevention, online weight-loss programs designed to help you gain energy, reduce your risk of developing serious health conditions and achieve your long-term health goals
- Wellness Coaching, an online and live coaching support program that provides access to a variety of digital health and wellness courses
- Quit For Life®, a tobacco cessation program providing access to the tools and resources you need to help you quit all types of tobacco use



Stay healthy at home

UnitedHealthcare Healthy at Home provides you with the support you need to recover from hospital and skilled nursing facility stays. After you have been discharged, you are eligible to receive home-delivered meals, transportation to medical appointments and in-home personal care to assist with daily activities, all at no cost to you.



Prescription Drug Coverage

With the MyFlorida Group Medicare Advantage (PPO) plan, you can choose from thousands of national chain, regional and independent local retail pharmacies.

You may save on the medications you take regularly

If you prefer the convenience of mail order, you could save time and money by receiving your maintenance medications through Optum Rx® Home Delivery.⁸ You'll get automatic refill reminders and access to licensed pharmacists if you have questions.

Get a 3-month supply at retail pharmacies

In addition to Optum Rx® Home Delivery, most retail pharmacies offer 3-month supplies for some prescription drugs. Check your UnitedHealthcare pharmacy directory to see if a retail pharmacy offers 3-month supplies.



Lifeline personal emergency response system (PERS)

UnitedHealthcare works with Lifeline to provide a PERS at no cost to you. With a personal emergency response system (PERS), help is a button press away. PERS is an in-home monitoring device that can help give you confidence, knowing you have quick access to help 24 hours a day in any situation. The device is a lightweight, discreet button that can be worn on the wrist or as a pendant (automatic fall detection and mobile options available). The device is safe to wear in the shower or bath.

You must have a working phone number, landline and/or live in an area with AT&T cellular coverage to take part in this benefit. The Lifeline cellular device works nationwide with the AT&T wireless network but doesn't require you to have AT&T coverage or a cellular provider.

Features include:

- Optional AutoAlert⁹ fall-detection technology automatically provides access to help if it detects a fall
- Cellular — or landline-compatible, Lifeline works anywhere in the U.S. where current telephone and cellular service is provided¹⁰
- Lightweight, waterproof¹¹ help button can be worn on the wrist or as a pendant

It's time to take advantage



retiree.uhc.com/MyFlorida



1-877-352-7794, TTY 711
8 a.m.–8 p.m. local time, 7 days a week

For more details, please review your Evidence of Coverage (EOC). Your Quick Start Guide, which you will receive once you are enrolled, will include instructions on how to access your EOC.

¹A copay or coinsurance may apply if you receive services that are not part of the annual physical/wellness visit.

²Benefits, features and/or devices vary by plan/area. Limitations and exclusions apply.

³The 24/7 Nurse Support should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. The information provided through this service is for informational purposes only. The nurses cannot diagnose problems or recommend treatment and are not a substitute for your provider's care. Your health information is kept confidential in accordance with the law. Access to this service is subject to terms of use.

⁴Renew by UnitedHealthcare is not available in all plans. Resources may vary. Renew Rewards is not available in all plans with Renew by UnitedHealthcare.

⁵Please refer to your Summary of Benefits for details on your benefit coverage.

⁶Renew Active is a registered trademark of Tivity Health, Inc. © 2022 Tivity Health, Inc. All rights reserved.

⁷Real Appeal is available at no additional cost to members with a body mass index (BMI) of 19 or higher.

⁸Optum Rx is an affiliate of UnitedHealthcare Insurance Company. You are not required to use Optum Rx home delivery to supply your maintenance medication.

⁹AutoAlert does not detect 100% of falls. If able, users should always push their PERS button when they need help.

¹⁰Coverage outside the home is provided where AT&T wireless coverage is available. Recharging of the GoSafe Mobile pendant is done by the user as needed when connected to the charger.

¹¹Up to 1 meter of water for 30 minutes. Refer to Instructions For Use (IFU) for more details.

Plans are insured through UnitedHealthcare Insurance Company or one of its affiliated companies, a Medicare Advantage organization with a Medicare contract. Enrollment in the plan depends on the plan's contract renewal with Medicare.

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